

GLUCOSAMINE  
& AROMATIC  
HERBAL  
EXTRACTS GEL

Suffering from Arthritis?

Introducing

# Carti-Fit™

GEL



-  BUILDS & MAINTAINS Strong & Healthy Bones
-  PROMOTES BONE Health
-  SUPPORTS BONE Mineral Density
-  **RECOMMENDED**  
in Osteoarthritis and Rheumatoid arthritis



### **Nilgiri Oil (*Eucalyptus globulus*):**

- ▶ Is wisely used for providing significant relief from muscle and joint pain

### **Gultheria Oil (*Gaultheria procumbens*):**

- ▶ Has highly concentrated antiseptic properties
- ▶ It naturally reduce joint pains

### **Menthol (*Mentha sylvastris*):**

- ▶ Induces a cooling sensation and is reported to act as a counterirritant to reduce the sensation of pain

### **Chingati Extract (*Glucosamine*):**

- ▶ Is primarily recognized for maintaining cartilage within our joints
- ▶ Protect joint tissue by preventing the breakdown of cartilage

### **Capsicum Oil (*Capsicum annum*)**

- ▶ Exhibits promising action against sensory nerve fibre disorders, which include joints pains owing to arthritis, psoriasis, postoperative neuralgia and diabetic neuropathy

### **Camphor (*Cinnamomum camphora*)**

- ▶ Is used topically to increase local blood flow and as a “counterirritant,” which reduces pain and swelling by causing irritation

### **Tamalpatra Oil (*Cinnamomum tamala*)**

- ▶ Help to alleviate joint pain and stiffness

### **Lavang Oil (*Syzygium aromaticum*)**

- ▶ It contains a compound called beta-caryophyllene or BCP.
- ▶ BCP has the ability to bind with our CB2 receptor which helps relieve pain and inflammation and protect cells and tissues from further damage

### **Shallaki Oil (*Boswellia serrata*)**

- ▶ Helps in suppressing joint inflammation and pain by targeting key enzymes that facilitate the release of pro-inflammatory chemicals in the joints

### **Ajma Satva (*Trachyspermum ammi*)**

- ▶ It has antibiotic properties that reduce redness and combat inflammation, and also possess anaesthetic properties that soothe the pain and swelling

### **Nirgundi Oil (*Vitex negundo*)**

- ▶ Its potent anti-inflammatory, anti-convulsing and anti-oxidant properties help the joints recover their healthy state in no time