



WELLGIN

FOR NAUSEA & VOMITING

Introducing
GINGER
in a way that was
never done before

**WORLD'S
ONLY MOUTH
DISSOLVING
GINGER LOZENGE**

SUGAR-FREE
100% NATURAL
PLEASANTLY FLAVOURED

What makes **WELLGIN** so special?

- ✿ Manufactured using a unique **Quicksorb Hydrogel Technology**
- ✿ **100% rapid absorption** through the buccal cavity
- ✿ Buccal absorption bypasses the gastrointestinal digestion
- ✿ **Buccal absorption** makes the treatment effective & almost instantaneous

1 lozenge
=
5 gms of
Fresh Ginger

WELLGIN for Nausea & Vomiting (General)

- ✦ Ginger gets its medicinal properties from gingerol, the main bioactive component in fresh ginger, as well as related compounds called shogaols.
- ✦ Some research has shown that ginger and its compounds may increase digestive responsiveness and speed stomach emptying, which may reduce nausea.
- ✦ A systematic review of double-blind, placebo-controlled, randomized studies highlighted the potential efficacy of ginger on the prevention and treatment of nausea and vomiting of various origins

Link: <https://www.ncbi.nlm.nih.gov/pubmed/25912592>

- ✦ Ginger has anti-inflammatory properties and may improve digestion and support the release of blood-pressure-regulating hormones to calm your body and reduce nausea.

Link: <https://www.ncbi.nlm.nih.gov/pubmed/25848702>

WELLGIN during Pregnancy

- ✦ An estimated 80% of women experience nausea and vomiting during the first trimester of pregnancy.
- ✦ Ginger has been found to be more effective than a placebo at reducing morning sickness during pregnancy for many women.
- ✦ A study in 67 women who experienced morning sickness around 13 weeks of pregnancy found that taking 1,000 mg of encapsulated ginger daily reduced nausea and vomiting significantly more than a placebo.
- ✦ Research indicates that consuming up to 1 gram of ginger per day appears to be safe to treat nausea and vomiting during pregnancy.

Links: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4818021/>

<https://www.ncbi.nlm.nih.gov/pubmed/19250006>




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— TAKE THIS. GET HEALTHY. —

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No. 32, 3rd Main, K.K. Plaza,
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WELLGIN for Motion Sickness

- ✦ Ginger reduces motion sickness in some people. Scientists think it works by keeping your digestive function stable and blood pressure consistent, which can reduce nausea.

<https://www.ncbi.nlm.nih.gov/pubmed/9815340>

- ✦ In a small study in 13 people with a history of motion sickness, taking 1–2 grams of ginger before a motion sickness test reduced nausea and electrical activity in the stomach, which often leads to nausea.

<https://www.ncbi.nlm.nih.gov/pubmed/12576305>

WELLGIN for Chemotherapy-related and postoperative nausea

- ✦ Nearly 75% of people undergoing chemotherapy report significant nausea as a primary side effect.
- ✦ In a study in 576 people with cancer, taking 0.5–1 gram of liquid ginger root extract twice daily for 6 days starting 3 days before chemotherapy significantly reduced nausea experienced within the first 24 hours of chemo, compared with a placebo.

<https://www.ncbi.nlm.nih.gov/pubmed/21818642/>

- ✦ Ginger has also been shown to reduce nausea and vomiting after chemotherapy is completed.

<https://www.ncbi.nlm.nih.gov/pubmed/20842754>

- ✦ Another study in 150 women noted that those taking 500 mg of ginger 1 hour before gallbladder removal surgery experienced less postoperative nausea than those in the placebo group.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5878030/>




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**"DOSAGE- WELLGIN CAN BE TAKEN AS AND WHEN REQUIRED"
it shouldn't exceed 1500 mg or 150 lozenges of Wellgin in a single day**